

**Virtual Celebration of 15 Years
of Compassion in Action**

**Chinese American Coalition for
Compassionate Care
presents...**

A YEAR TO BE MINDFUL



FEATURING

**CYNTHIA PAN, MD
CHIEF, GERIATRICS AND
PALLIATIVE CARE MEDICINE
NEW YORK-PRESBYTERIAN QUEENS
ASSOCIATE PROFESSOR OF
CLINICAL MEDICINE
WEILL CORNELL MEDICAL COLLEGE**

**GARY LEE, MD
HOSPICE MEDICAL DIRECTOR
OF SUNCREST HOSPICE
SAN FRANCISCO BAY AREA**



Other presenters: **Sandy Chen Stokes, RN, MSN**, CACCC founder
Roy Remer, executive director of Zen Caregiving Project
Teresa Cheng, CACCC Mindful Self-Care Caregivers project lead

DATE: Friday, October 16, 2020

TIME: 10:00 am - 12:00 pm PT
1:00 pm - 3:00 pm ET

LOCATION: Virtual via Zoom; Zoom log on info provided after registration

MODERATOR: Jeanne Wun

PANEL: Physicians, nurse, caregiver, and educator

**RSVP by Tuesday, October 13:
to reserve your place**

Cost: Free

RSVP:

cacc-mindful-oct16.eventbrite.com

1-866-661-5687

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www.cacc-usa.org

**Upon completion of this program,
participants will:**

- ◆ Explain the history of the Chinese American end-of-life care movement and access and utilize culturally appropriate communications tools and resources.
- ◆ Gain personal insights, perspective and lessons learned from a physician as a COVID-19 patient and as a palliative care physician and medical educator during this historic pandemic.
- ◆ Recognize the differences in hospice care between Chinese communities and other communities and identify approaches to providing better patient- and family-centered hospice care.
- ◆ Describe the foundational approach to supporting caregivers and explain how these mindful concepts and tools were adopted to bring an innovative program to relieve Chinese caregivers of daily stress.

***2.0 CE: RN, LVN, LMFT, LCSW, LEP,
LPCC & MCLE**

***CEs provided by El Camino Hospital
and the Institute on Aging**



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